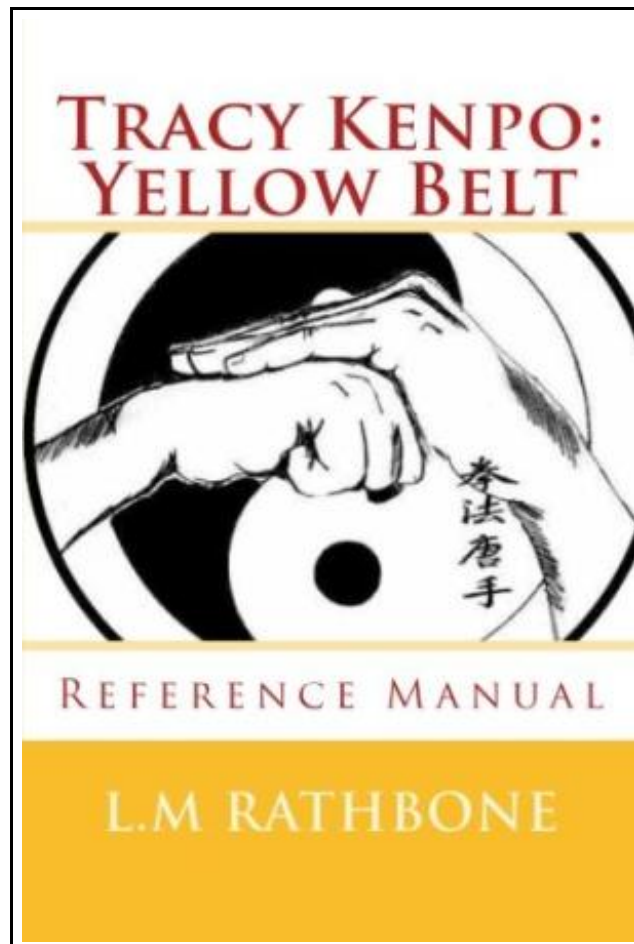


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Reviews

Extremely helpful to all of group of individuals. It really is loaded with knowledge and wisdom Its been designed in an extremely basic way and is particularly simply after i finished reading through this ebook where actually altered me, affect the way i believe.

(Lily Ryan)

TRACY S KENPO: YELLOW BELT REQUIREMENTS REFERENCE MANUAL (PAPERBACK)



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Createspace Independent Publishing Platform, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This Manual will go over the Tracy Kenpo Orange Belt requirements. You will find step by step directions for all 30 self-defense techniques as well as Short 1. There are no pictures in this manul. The author of this manual is LeAnn Rathbone who has over 25 years in the martial arts and holds a 4th degree Black Belt in White Tiger Kenpo Jujits, 1st Black in Tracy s Kenpo Karate and a Black Belt in Aiki Combat Jujitsu. LeAnn s Instructor Shihan Jim Rathbone has over 50 years in the Martial Arts is the Founder of White Tiger Kenpo Jujits as well as holding a 2nd Degree Black Belt in Tracy s Kenpo Karate under Al Tracy, A 3rd Degree Black Belt in Aiki Combat Jujitsu and a Black Belt in Japanese Goju - Ryu under Hanshi Lou Angel. Hanshi Angel was Jeff Speakman s first instructor and sat on the promotion board of Parker s American Kenpo Karate Association. For more martial arts information visit our websites.



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