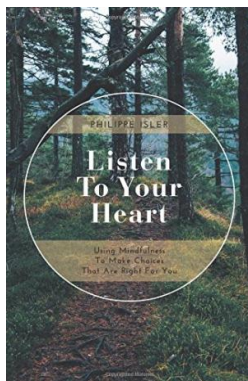


## Listen to Your Heart: Using Mindfulness to Make Choices That Are Right for You (Hardback)



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